

राष्ट्रीय जन सहयोग एवं बाल विकास संस्थान
National Institute of Public Cooperation and Child Development



No.NI/WD/III-149/2018-19

Subject: Request for Nomination for Skill Training on Counselling for Institutions Providing Care to Distressed Women from 27th – 31st August, 2018 at NIPCCD, New Delhi- Reg.

Sir/Madam,

The Institute is organizing a Skill Training on Counselling for Institutions Providing Care to Distressed Women. The objectives of the Programme are to: provide insight into the manifestation of violence against women in India, existing policies, support services and legal safeguards for women; develop understanding about different approaches and types of counselling interventions for women in distress; enhance counselling skills for providing psychosocial support to distressed women. A copy of the Programme Design is enclosed.

2. The participants of the Programme will be senior and middle level officials of Government/ representatives of voluntary organizations associated with planning and implementation of the programmes and projects relating to welfare, development, protection and empowerment of women. You are requested to nominate a senior/middle level official of your organization/department to participate in the programme. The participants from voluntary organizations who attended any Programme(s) of the Institute at its Headquarters/ Regional Centres in last two years may not be nominated. Participants above the age of 60 and below the age of 21 years and those having educational qualifications below Graduation may not be nominated.

3. The participants from voluntary organizations will be reimbursed travel grant up to AC III tier rail fare (excluding Rajdhani, Premium, Shatabdi, and Duronto express/AC Bus/Tatkal fare) by the shortest route to and from Delhi. The journey by road to the nearest railway /bus station will be paid to the non-official participants as per NIPCCD norms. Local participants will be paid actual expenditure incurred on local conveyance as per NIPCCD norms. The officials deputed from Government departments will draw their TA/DA from their respective Institutions/Departments. However, the Institute will provide free board and lodging facilities to all the outstation participants at its hostel located at its premises in New Delhi for the duration of the programme and one day before and one day after the programme i.e. from 26 August 2018 -01 September, 2018. A nominal Registration Fee of Rs. 500/- (Rupees Five hundred only) will be charged from the representatives of voluntary agencies at the time of Registration on 27 August, 2018. Government Officials are exempted from the registration fee.

4. It is requested that nomination in the enclosed proforma duly completed with a recent passport size colour photograph may be forwarded by Head of the Organization and sent to the Institute latest by 31st July 2018. The Programme design and nomination proforma can also be downloaded from website of the Institute i.e. www.nipccd.nic.in. The details of the nominee may be emailed to us at wdnipccd@gmail.com. It is requested that the nominee may proceed for the Programme only on confirmation of his/her participation in the programme from the Institute.

Thanking you,

Yours faithfully

Rita Patnaik

(Rita Patnaik)

Joint Director (Women Development), I/c

Encl: as above

5, सीरी इंस्टीट्यूशनल एरिया, हौज खास, नई दिल्ली-110016
5, Siri Institutional Area, Hauz Khas, New Delhi-110016

दूरभाष/Telephone : 26963002, 26963204, 26969010 फैक्स/Fax : 091-011-26515579, 26865187, 26851349

Website : <http://nipccd.nic.in>

विषय: विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर 27-31 अगस्त, 2018 तक निपसिड, नई दिल्ली में कौशल प्रशिक्षण कार्यक्रम हेतु नामांकनों के अनुरोध हेतु

महोदय/महोदय,

संस्थान विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर 27-31 अगस्त, 2018 तक निपसिड, नई दिल्ली में कौशल प्रशिक्षण का आयोजन कर रहा है। इस प्रशिक्षण कार्यक्रम के उद्देश्य इस प्रकार हैं : सहभागियों को भारत की महिलाओं के साथ हिंसा की व्याप्ति पर तथा महिलाओं हेतु मौजूदा नीतियां, सहायक सेवाएं तथा कानूनी सुरक्षा उपायों पर गहन जानकारी उपलब्ध कराना; विपत्तिग्रस्त महिलाओं हेतु परामर्श मध्यस्थताओं के विभिन्न उपायों और प्रकारों के बारे में समझ विकसित करना; तथा विपत्तिग्रस्त महिलाओं को मनोसामाजिक सहायता उपलब्ध करवाने के लिए परामर्श कुशलताएं बढ़ाना। कार्यक्रम की रूपरेखा की प्रति संलग्न है।

2. इस प्रशिक्षण कार्यक्रम के सहभागी सरकार के वरिष्ठ और मध्य स्तर के अधिकारी, महिलाओं के कल्याण और विकास से संबंध योजनाओं/कार्यक्रमों की आयोजना और कार्यान्वयन से जुड़ी स्वेच्छिक संस्थाओं के प्रतिनिधि होंगे। अनुरोध है कि आप अपने विभाग के वरिष्ठ और मध्य स्तर के अधिकारी को कार्यक्रम में भाग लेने हेतु नामित करें। स्वेच्छिक संगठनों के जिन सहभागियों ने पिछले दो वर्षों में संस्थान और इसके क्षेत्रीय केंद्रों द्वारा आयोजित किसी भी प्रशिक्षण कार्यक्रम में हिस्सा लिया है तो कृपया उन्हें इस प्रशिक्षण हेतु नामित न करें। यह भी अनुरोध है कि 21 वर्ष से कम एवं 60 वर्ष से अधिक आयु के तथा शैक्षिक योग्यता स्नातक से कम वाले अधिकारी को कृपया नामित न करें।

3. गैर-सरकारी संगठनों के सहभागियों को सबसे छोटे मार्ग से कार्यक्रम स्थल (दिल्ली) तक आने-जाने का एसी थी टीयर तक का रेल किराया (राजधानी, शताब्दी प्रीमियम और दूर-दूरी एक्सप्रेस तथा एसी बस/तत्काल को छोड़कर) दिया जायेगा। गैर-सरकारी सहभागियों को नजदीकी रेलवे स्टेशन/बस अड्डे तक सड़क यात्रा के खर्च का भुगतान संस्थान के नियमानुसार किया जाएगा। स्थानीय सहभागियों को स्थानीय वाहन पर होने वाले वास्तविक खर्च का भुगतान निपसिड के मानकों के अनुसार किया जाएगा। सरकारी विभागों के अधिकारी यात्रा भत्ता/दैनिक भत्ता अपने-अपने कार्यालयों/विभागों से प्राप्त करेंगे। तथापि संस्थान द्वारा बाहर से आने वाले सभी सहभागियों के लिए भोजन और आवास की निःशुल्क व्यवस्था संस्थान के परिसर में स्थित छात्रावास में कार्यक्रम की अवधि, उससे एक दिन पहले और एक दिन बाद (26 अगस्त-1 सितम्बर, 2018) तक उपलब्ध कराई जाएगी। स्वेच्छिक संस्थाओं के प्रतिनिधियों से दिनांक 27 अगस्त, 2018 को पंजीकरण के समय रुपये 500/- मात्र (पांच सौ रुपये) पंजीकरण शुल्क लिया जाएगा। सरकारी अधिकारियों के लिए पंजीकरण शुल्क देय नहीं है।

4. अनुरोध है पासपोर्ट आकार की रंगीन फोटोग्राफ के साथ संलग्न प्रोफार्मा में विधिवत भरे गए तथा संगठन प्रमुख द्वारा अंग्रेषित नामांकन प्रपत्र इस संस्थान में 31 जुलाई, 2018 तक अवश्य भेज दिए जाएं। कार्यक्रम की रूपरेखा और नामांकन प्रपत्र इस संस्थान की वेबसाइट अर्थात् www.nipccd.nic.in से भी डाउनलोड किया जा सकता है। नामित प्रतिनिधि का विवरण हमें wdnipccd@gmail.com पर भी भेजा जा सकता है। अनुरोध है कि संस्थान से सहभागिता की पुष्टि होने पर ही सहभागी कार्यक्रम में भाग लेने के लिए प्रस्थान करें।

धन्यवाद,

भवदीय,

शीता पटनायक

(शीता पटनायक)

संयुक्त निदेशक (महिला विकास), प्रभारी

संलग्नक : उपर्युक्तानुसार

National Institute of Public Cooperation and Child Development
Skill Training on Counselling for Institutions Providing Care to Distressed Women

Dates: 27-31 August,2018
Venue: NIPCCD, New Delhi

Programme Design

Violence against women is one of the most pervasive form of human rights violations, denying women equality, security, dignity, self-worth, and right to enjoy fundamental freedom. It manifests itself in different forms throughout the life cycle of women like gender biased sex- selective abortions, female infanticide, domestic violence, early marriage, prostitution, and sexual harassment at home and at public places. Violence against women is a result of deep rooted gender ideology and has major public health problems that has both fatal and non-fatal consequences for women and their children, as well as social and economic costs for the entire society . For women, violence is also a leading cause of injury and disability, eating and sleeping disorders, feelings of shame and guilt, phobia and panic disorders, physical inactivity, poor self-esteem, post-traumatic stress disorder, depression and anxiety, suicidal behaviour, self-harm and injuring children at times etc.

There have been numerous governmental and non-governmental interventions in India to effectively deal with the problems of distressed women. The efforts are directed towards strengthening of and amendments in existing legislations and developing institutional mechanisms such as National and State Commissions for Women, women cells in police stations, all women police stations etc. Its other course of action centers around running projects that provide support services to distressed women through schemes like Swadhar Greh, Short Stay Homes, Ujjawala, setting up of Women Help Line etc. A recent initiative of Ministry of Women and Child Development in this direction is the launch of One Stop Centre Scheme across the Country for women affected by violence. The scheme aims to facilitate immediate, emergency and non- emergency access to a range of services to fight against any form of violence against women and provide integrated support and assistance to women affected by violence, both in private and public spaces under one roof. The voluntary organizations also play a vital role in addressing the needs of distressed women by implementing projects to support them in difficult circumstances.

Research evidence is indicative of the findings that women who have experienced violence remain silent about the abuse due to community attitudes of marriage and family. They internalize feeling of guilt and shame and feel responsible for relationship not working and breakdown of the family. The practical constraints including reduction of income and poverty, poor access to long term housing options, unsupportive family, child custody issues, fear of retaliation by the abuser, lack of information about legal rights and available support services etc. make it difficult for them to move away from the abusive situation and make informed choices. Therefore, women in distress require supportive counselling, safety plans and referral services to address their immediate needs of care and protection after experiencing violence and abuse. Moreover they would benefit from counselling within a professional relationship to empower them to accomplish health, wellness and social integration in the society. Counselling women in

distress requires sensitive understanding of the needs of women who have faced any form of violence within or outside the family; listening skills to facilitate self-disclosure and techniques to support healing and increase the person's sense of self-worth and wellbeing. Needless to say counselling is an important instrument for social rehabilitation of women affected by violence and their empowerment and the counsellor plays a vital role in supporting women in difficult circumstances.

In view of the above, the Institute proposes to organize a five day **Skill Training on Counselling for Institutions providing Care to Distressed Women** from **27-31 August, 2018** at **NIPCCD Headquarters, New Delhi**. The broad objectives of the training would be to equip the functionaries of Institutions providing care to distressed women with counselling skills, methods and strategies in responding to the immediate and long term needs of women in distress to accomplish their overall emotional wellness and integration in the society.

Objectives:

The specific objectives of the training programme will be to:

- i. provide insight into the manifestation of violence against women in India; existing policies, support services and legal safeguards for women;
- ii. develop understanding about different approaches and types of counselling interventions for women in distress;
- iii. enhance counselling skills for providing psychosocial support to distressed women.

Contents:

The contents will broadly cover: situational analysis of women with special reference to violence against women; causes, consequences, manifestation and magnitude of violence against women; problems faced by distressed women; rehabilitation, legal rights and the available support services for women in difficult circumstances etc. Another component of training would include sensitization of the participants to counselling skills of listening, enabling self-disclosure and expressing feelings, exploring personal belief systems etc. They will also be apprised of counselling strategies such as developing safety plans, supportive counselling, assertiveness training etc. for empowering women to support healing and increase their sense of self-worth and wellbeing

Training Methodology:

The participants will be provided conducive learning environment and participatory approach will be adopted during the training programme. Various training techniques like lecture, group discussion, case studies, simulation exercises, group exercises etc. will be used in the training programme. Besides the faculty of the Institute, resource persons will be drawn from Government, non-government organizations and other academic/ technical institutions with relevant expertise in the subject matter and experience. Active participation of trainees and sharing of experiences would serve as a valuable resource enriching the learning process. The study material comprising background reading material, handouts, and exercise formats will be provided to the participants.

Participants

There will be 30-35 participants comprising senior and middle level officials of Government and Functionaries of Non-Governmental Organizations (NGOs) from various States of the country engaged in programmes for welfare, development, protection and empowerment of women.

Travel, Board and Lodging

The representative from voluntary agencies will be reimbursed travel grant up to AC III tier rail fare or ordinary bus fare by the shortest route to and from the venue of the programme (fare of Rajdhani, Shatabdi, Premium, Duronto Express including tatkal and AC bus is **not permissible**). The journey by road to the nearest railway/bus station will be paid to the non-official participants on the basis of actual expenditure subject to ceiling of Rs.300/- each way. Local participants will be paid actual expenditure incurred on local conveyance subject to a limit of Rs.100/- each way per day. Officials deputed from Government Departments, will draw their TA/DA from their respective departments. However, the Institute will provide free board and lodging facilities to all the participants for the entire duration of the programme. The hostel accommodation will be available to the participants for the **entire duration of the programme and a day before and a day after the programme i.e. from 26th August-01st September, 2018.**

Registration Fee:

While the Institute will continue to subsidize its programmes, it has been decided to charge a nominal registration fee of Rupees Five Hundred (Rs. 500/-) from representatives of NGOs for entire duration of the training programme at the time of registration. **No registration fee will be charged from Government Officials.**

Venue and Duration:

The duration of the programme will be five days from **27-31 August, 2018**. It will be organized at the **National Institute of Public Cooperation and Child Development (NIPCCD)** located at **5, Siri Institutional Area, Hauz Khas, (opposite Police Station, Hauz Khas) New Delhi-110016.**

NGO – Partnership System Registration

The NGOs nominating their representatives are expected to have registered under the NGO Partnership System of Niti Aayog and furnish their Unique ID number in the nomination proforma. The UID number of Niti Aayog is mandatory for considering the nomination from Voluntary Organizations

General Instructions

1. The enclosed nomination form duly filled and sponsored by the competent authority of the voluntary organization/ Government Department should reach the Institute at the earliest and latest by **31st July, 2018**. Participants **above the age of 60 and below the age of 21 years** and those having **educational qualification below graduation should not be nominated.**

2. A **passport size photograph** should be affixed on the nomination form **duly attested** by the sponsoring organization. The **registration number** obtained from Planning Commission is mandatory for considering the nomination from Voluntary Organizations.
3. The Institute will confirm the participation on receipt of nominations. Nomination will not be accepted in case the **details regarding participation of the nominee in the earlier programmes organized at NIPCCD** are not mentioned in the Nomination Proforma.
4. The participants will proceed for participation in the programme **only on receiving a confirmation from the Institute**. Participants are requested to confirm the acceptance of their nominations over telephone/e-mail before proceeding for the programme **in case of non-receipt of confirmation letter at their end**.
5. Confirmed Participants should report for the programme at **9.15 a.m. on 27th August, 2018(Monday). The programme will conclude on 31st August, 2018 (Friday) at 5.30 p.m.**
6. **It is mandatory for all the participants to get one of their identity proofs** (Passport/Election Card/PAN Card/Aadhar Card) and show the same while reporting in the hostel and at the time of registration for the programme. **Government Officials may show their official identity card.**
7. The participants from NGOs are required to get a self attested certificate stating that he/she is medically fit and do not require any support of family members/relatives/care givers during his/her stay at the hostel.
8. Participants reporting late for the programme or leaving it before its conclusion would not be entitled for any Certificate or reimbursement of travel expenses.
9. The Institute will have no responsibilities whatsoever towards boarding and lodging in respect of family members, relatives or friends of the participants.

Contact Details

All related correspondence regarding the programme should be addressed to:

Dr. Rita Patnaik, Joint Director

Women Development Division, I/c

National Institute of Public Cooperation & Child Development

5, Siri Institutional Area, Hauz Khas, New Delhi-110016

Tele fax: 011-26566995

PABX: 26963002/26963204/26969010/26602313 Extn. 417,418 and 303

Email: wdnipccd@gmail.com

Ph. 01126566995 Email: wdnipccd@gmail.com Website: www.nipccd.nic.in

राष्ट्रीय जन सहयोग एवं बाल विकास संस्थान
National Institute of Public Cooperation & Child Development
सहभागियों के लिए प्रोफार्मा
Proforma for Participants

Photograph

विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर कौशल प्रशिक्षण कार्यक्रम
Skill Training on Counselling for Institutions providing Care to Distressed Women

Name of the Programme Incharge: Ms. Meenu Kapur
कार्यक्रम प्रभारी का नाम: सुश्री मीनू कपूर

Dated 27-31 August, 2018

दिनांक: 27-31 अगस्त 2018

Specify (√) Govt. Dept. / NGO	STATE	Registration No. Issued under NGO Partnership System of Niti Aayog
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1. सहभागी का नाम एवं पद
Name of the Participant & Designation
(CAPITAL LETTERS)

i) जन्मतिथि / Date of Birth

ii) Age / आयु

iii) लिंग स्त्री / पुरुष

Sex: Male/Female

iv) जाति : अनु.जा / जन.जा / अ.पि.व / अ.सं.व / सामान्य / अन्य
SC/ST/OBC/Minority/Gen/Others:

Caste:

2. शैक्षिक / व्यावसायिक योगताएं/Educational/Professional Qualifications:

3. क्या सहभागी अंग्रेजी एवं हिन्दी भाषा अच्छी तरह से समझ लेता है एवं उसके माध्यम से बातचीत कर सकता है
हां / नहीं

Whether the participant can comprehend and communicate effectively in English & Hindi
Yes/No

4. प्रायोजित करने वाले संगठन / विभाग का नाम एवं डाक पता पिन कोड सहित
Name & Address of the sponsoring organization/department (with pin code)

5. दूरभाष / मोबाइल Telephone / Mobile No.

ई-मेल / E-mail

6. संस्थान के मुख्य कार्य / Major functions of the Organisations

7. सहभागियों का पाठ्यक्रम हेतु पत्राचार के लिए पता, अगर क्रम संख्या 04 से अलग है
Postal address of the participant for the purpose of correspondence for the programme **(If it is different from S.No 4.)**

8. सहभागियों की सेवा/अनुभव की अवधि/Length of service/experience of the participant: वर्ष
/Year

9. इससे पूर्व निपसिड के किसी कार्यक्रम /कार्यशाला में भाग लिया है हां/ नहीं
Have you earlier attended any Programme/ Workshop at NIPCC D Yes/No

यदि हां, तो कार्यक्रम /कार्यशाला का नाम तथा वर्ष स्पष्ट करिए
If yes specify the name and year of Programme/Workshop

कार्यक्रम /कार्यशाला का नाम स्थान/Venue
वर्ष/Year

Name of the Programme/Workshop

i)

ii)

10. सहभागी की प्रायोजित करने वाले संगठन में भूमिका और उत्तरदायित्व
Role and responsibilities of the participants in the sponsoring organization

1

2

3

11. NGO Registration Details/ गैर सरकारी संस्था का पंजीकरण विवरण :

NGO Registration Number	Act under which the Organization is registered	State

12. Grant in Aid Obtained/ प्राप्त किया गया सहायता अनुदान :

S.No.	Name of the Institution/ Organization	Grant received from State Govt./Central Govt./ Any other Organization	Beneficiaries	Status of the Project	Remarks
1					
2					
3					

13. I here by certified that I am medically fit and do not require any support of family members/relatives/care givers during my stay at the NIPCCD Hostel.

मैं यह प्रमाणित करता/करती हूँ कि मैं पूर्ण रूप से स्वस्थ हूँ तथा निपसिड छात्रावास में मुझे परिवार के किसी सदस्य, रिश्तेदार या मित्र के साथ ठहरने की आवश्यकता नहीं होगी ।

दिनांक:

हस्ताक्षर

भाग—ख Part B

(प्रायोजित संस्थाओं के लिए) (For Sponsoring Organisation)

निपसिड नई दिल्ली में 27–31 अगस्त, 2018 तक आयोजित “विपत्तिग्रस्त महिलाओं की देखभाल करने वाली संस्थाओं के लिए परामर्श कुशलताओं पर कौशल प्रशिक्षण कार्यक्रम” में भाग लेने के लिए मैं श्री/श्रीमती/सुश्री-----का आवेदन पत्र अग्रेषित कर रहा/रही हूँ। कृपया उन का नामांकन स्वीकार करें। ये हमारे संगठन के वास्तविक कर्मचारी हैं।

I forward the application of Shri/Smt./Ms._____to participate in the “**Skill Training on Counselling for Institutions providing Care to Distressed Women**” from 27-31 August, 2018 at NIPCCD New Delhi. His/her nomination may kindly be accepted as he/she is a bonafide employee of my organization.

संगठन प्रमुख के हस्ताक्षर / Signature of Head of the Organisation

नाम / Name

पदनाम / Designation

संगठन का पूरा पता /Complete Address of the Organization