

SNEHA SHIVIR

Introduction

- ❖ Sneha Shivir is specifically planned activity for care of undernourished and growth faltering children (i.e., borderline moderate and severely underweight children below 5 years).
- ❖ It is a targeted intervention for 200 high burden districts.
- ❖ Main activities comprise
 - Intense counseling;
 - Hands on training of mothers/caregivers;
 - Supervised feeding.
- ❖ The intervention is time bound, outcome based and result oriented with measurable impact.
- ❖ It is to be implemented in a prioritized manner in blocks/ sectors/clusters having undernutrition over 20%.
- ❖ It should be implemented in clusters of 3-4 AWCs and not at each AWC.
- ❖ 200 additional AWWs will be provided in 200 HBDs to carry out the shivir.



Essential Items Required for Sneha Shivir

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- ❖ Weighing Machines-both for new-borns and children.
- ❖ Community mobilization tools-community growth charts, mother and child protection cards etc.
- ❖ Chart papers, markers, growth charts etc. as per the requirement.
- ❖ NCCS register to track weight gain, referral, attendance etc.
- ❖ Cooking utensils and feeding bowls and spoons (these may be brought from homes of caregivers if not available).
- ❖ Water storage facility and provision of clean and safe water
- ❖ Nail cutter
- ❖ Soap and towel
- ❖ Medicine kit
- ❖ Display boards, score boards and other IEC materials.



Nutrition Counselling & Child Care Sessions(NCCS)

- ❖ NCCS is a 12 days rehabilitation programme .
- ❖ It will be organized with selected mothers of undernourished children.
- ❖ Sequence of activities and services under NCCS will be:
 - Weight Recording (Entry weight & Exit weight)
 - De-worming & administration of IFA
 - An extra on-spot feeding of Hot Cooked Meal (**300-400 Kcal & 18 g protein**)
 - Learning by doing feeding sessions to adopt correct feeding, hygiene and health and psychosocial practices, sharing of positive practices by positive deviant mothers
 - Counselling on care practices
 - Case management and assessment of adequate weight gain
 - Medical Support and Referral
 - Routine Services-immunization, Vitamin A and IFA
 - Health Check-ups by ANM/MO and any appropriate treatment
 - Referral service for medical complications by ANM/ASHA/MO
 - Follow up action in 18 days home care
 - **After 6-9 sessions (months)**, in a village the NCCS may be conducted quarterly for a year ensuring that no child is SUW and no new entrants are there



Role of AWW

- ❖ Identify borderline moderate and severely underweight children.
- ❖ Inform CDPO and send the list of these underweight children.
- ❖ Assist CDPOs in weighing of children.
- ❖ Organize Nutrition Counseling and Child Care Sessions (or Sneha Shivir Camp).
- ❖ Welcome the care givers with children, and take attendance.
- ❖ Ensure that caregivers wash hands of children before and after meal.
- ❖ Assist the mothers or caregivers to feed the children.
- ❖ Refer severely underweight children with medical conditions to ANM/ Medical Officers.
- ❖ Discuss the topic of the day for health & nutrition session.
- ❖ Identify and involve mothers with healthy children to share their experience.
- ❖ Follow up & make home-visits to the mothers of children who participated in the camp.
- ❖ Prepare reports of the shivirs.