

BIRTH PREPAREDNESS

Introduction:

- ❖ Birth preparedness is a method of planning in advance by the pregnant woman and her family for safe and comfortable delivery.
- ❖ This birth preparedness plan must be made during Antenatal Care (ANC) visits.
- ❖ The birth plan includes contact information, knowledge of danger signs, transport arrangement, Maternal and Child Health card, financial arrangements, potential last minute access to the referral facility etc.

Ensure Institutional Delivery



Contact ASHA/ANM/AWW



Register under JSY & other schemes as applicable in the area



Obtain Benefits under JSY



Identify Hospital in Advance



Arrange for Transport in Advance



Ensure 48 hours of stay after delivery

Family Ensures



- ❖ To contact ASHA/ANM/AWW after confirmation of pregnancy.
- ❖ The phone no. and contact details of the ANM/ASHA/AWW are readily available.
- ❖ Adequate money is saved in advance for meeting the cost of emergency.
- ❖ A nearest FRU/hospital is identified in advance.
- ❖ Fast means of transport is arranged in advance to take the woman to the hospital.
- ❖ The newborn should be wrapped in a clean (washed with soap and water and sundried) set of soft cotton clothes.
- ❖ In case of home delivery, ensure the place where the delivery is to be carried out and its surrounding areas are clean.
- ❖ The delivery is conducted by a skilled birth attendant/ ANM.



Preparation in Case of Home delivery



Role of AWW

- ❖ You should help pregnant women in getting registered before 12 weeks of pregnancy and in getting the next three ante-natal check-ups
- ❖ The danger signs should be explained to all pregnant women and their families during the antenatal check-ups as well as during the group meetings.
- ❖ Ensure all requisite examinations/investigations are done for all pregnant women.
- ❖ Identify the location of the hospitals, health centres, and institutions near your village which provide delivery services round the clock.
- ❖ Help eligible pregnant women to get benefits under Janani Suraksha Yojana.
- ❖ Counsel/advise the pregnant women and their families for institutional delivery.
- ❖ Escort/accompany the pregnant woman to the hospital for institutional delivery.
- ❖ In case of home delivery, ensure that five cleans are practiced during delivery.